

CHRISTMAS HERALD

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KUNTZ EDITION

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NOELLE, CALEB, JENN, BARB,
GREG, JULIE

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1. It sounds like a broken record, but it continues to be unbelievable that we are still dealing with COVID 19 almost 3 years after it reared its ugly head. It now appears that we will all suffer from it sometime. In August, Mary caught it at the CWL National Convention in Kelowna, Ed got it from Mary, and now Jenn and Barb have it from who knows where. So, now no one in the Kuntz family has been spared. We hope that you are all having a good laugh at all the political machinations taking place in Alberta. Makes one want to rush to the door step each morning to learn of the latest political fiasco.

2. Vacationing was a little more extensive in 2022 vis-à-vis 2021. Ed spent 2 weeks in Ontario in early August visiting his sisters Annette, Carol. The highlight of the trip was attending the Formosa Homecoming Weekend. He spent 3 days there, where he met countless old acquaintances and relatives. Mary was finally able to go on a cruise which had been cancelled twice due to COVID. She cruised from Quebec City to Fort Lauderdale, with stops in Sidney, NS, Charlottetown, PEI, Halifax, NS, St. John, NB, and several US east coast ports. Jeff and Kelly decided to lease a RV lot close to Lake Koocanusa, BC, and have permanently moved their trailer onto the lot. It is now their home away from home for weekends and vacations. They also had a wonderful vacation in France belatedly celebrating their 20th Wedding Anniversary. Jenn and Barb were able to spend time in the Gatineau's visiting friends who have a cottage there. Greg and Julie remained home this year, continuing to enjoy their home in Langdon.

3. We all managed to keep relatively healthy in 2022, except we all have now had COVID with Jenn and Barb being the latest victims. Mary continued to keep her back aches and pains under control with exercise, heating pad and some meds and injections. Ed badly injured his left shoulder when he tripped and fell in early January. Trips to physiotherapy and home exercise successfully rehabilitated the injury. He, again, got a surprise this fall when a routine Cystoscopy suggested that a third TURBT was indicated. This took the form of day surgery on Nov 15. He had to return to the hospital for an overnight stay to deal with complications related to the initial surgery and is now on the mend with restricted activity.

4. Noelle finished her second year at the University of Lethbridge and started her third year this fall. She continues to excel in her studies. Caleb completed his Grade 11 at Bishop Carrol. He is now in Grade 12. He has been on most of the school's athletic teams, volleyball, basketball, football etc.

5. There were few job changes in 2022. Everyone has continued in their respective jobs, Jeff at Canadian Natural Resources, Kelly at Canadian Blood Services, Jenn, Barb and Julie at Alberta Health Services and Greg at Rev Engineering. Greg received a significant promotion in 2022. He is now the Fabrication Design Lead. G&E Machining has now been incorporated as 2475675 Alberta Inc. Greg's new commercial CNC router arrived mid January and was operational by the end of that month. Now, Ed does smaller pieces and Greg does the large pieces. Jenn has the record for businesses. She now has Karuna Counselling Inc, her private psychotherapy practice, the Foothills Wellness Collective, a for profit Equine-Eco-Psychotherapy practice and a non-profit, called Nurtured by Nature Mental Health and Wellness Society, both created with a friend. Their long-term goal is to turn the Society into a registered Charitable Organization operating a ranch type property in which to practice their professional skills. Ed has been appointed the Election Clerk for the riding of

Calgary/Glenmore for the May 29, 2023, Alberta General Election. Preparations are already taking place.

6. Mary continues her role as Treasurer of the Holy Spirit Charitable Society. This Society held a casino last summer and she will now be organizing the distribution of the \$74,000.00 from that event. Again, this year, Mary was hard at work all summer and early fall making preserves and fruit cakes to sell at the CWL Christmas Craft Sale and through her maryspreserves website. Ed is still a member of the Holy Spirit Funeral Choir. This choir has been able to reform after a long COVID hiatus. He is still involved with the parish hamper program. Mary and Ed's 2022 garden was quite successful this past summer. It produced a good supply of yellow beans, carrots, raspberries, and endive. Their 2 potted tomato yielded a good supply of fruit. Before frost Ed decided to bring the potted plants inside and we had a daily supply of tomatoes until the end of November. Mary hopes one day to be able to deliver the hundreds of baby hats she has made over the COVID period. She enjoyed a limited golf season in 2022 because of back issues. Sadly, Ed's bees did not survive the 21/22 winter. He harvested a good amount of honey that was left in the hive. He did not purchase new bees this year. Online piano lessons took a break over the summer and fall but he is now back at it. Jenn remains a serious gardener. Her green house again yielded a good supply of vegetables, tomatoes, yellow and green beans, cucumbers, and a giant pumpkin. Onions and potatoes rounded out her harvest. Ed keeps working on the Kuntz Family website.

7. We are sad to report that Mary's brother Ed passed away on Oct. 5th. He had broken his hip and died from multiple age-related issues.

8. Web sites:
www.chickeringregistry.ca
www.phiapiaaria.ca
www.kuntzfamily.ca
maryspreserves.kuntzfamily.ca
genealogy.kuntzfamily.ca
E-mail addresses:
Mary's mary@kuntzfamily.ca
Ed's ed@kuntzfamily.ca